



PELLOWAH HEALING TECHNIQUE

How can Pellowah Healing Help? ~ Are you stuck? Lacking clarity or direction? In need of some forward movement or a shift in perspective?

What is Pellowah?

Pellowah is an angelic word meaning "Radical Shift in Consciousness".

Although an angelic word meaning "Radical Shift in Consciousness", Pellowah energy does not originate from the angelic realms. It works directly from source to the person receiving the healing. In other words, it is a pure source energy.

The purpose of Pellowah

Its primary purpose for being channelled at this time is for awakening the consciousness of humanity. It is a call for you to open deeper to who you are and to increase your capacity for positive change by creating a "Shift in Consciousness", enabling you to reach your highest purpose and potential through conscious expansion!

Pellowah calls to you at the time that is right for you!

How does Pellowah work?

Pellowah works with your higher consciousness to bring about the "shift" required at that specific time. This is done direct from source, by a direct transmission of the Light, to 'You', the person receiving the healing. Unlike other forms of energy

healing, Pellowah energy is not imprinted or affected by the Practitioner.

As such the Practitioner does not receive any information. For this reason Pellowah Practitioners do not interpret, intuit, diagnose or counsel.

Pellowah is simple, yet powerful and effective

Pellowah connects all 12 strands of DNA – ready for activation. It unblocks and realigns all the meridians within the body, giving a feeling of well-being and connection which allows for a Radical Shift in Consciousness. Importantly, through this, we are able to make choices which take us to greater heights and levels in our life.

The healing effects of Pellowah are secondary to the “Shift in Consciousness” it promotes. You may experience a new expanded perception and a more objective understanding and outlook on life. In addition, through the Pellowah healing technique you may also experience the following:

- Increase your personal capacity for positive change
- Empowers you to take charge of your life
- Generates new and expanded perspectives
- Attain a new lightness and sense of well-being that increases over time
- Create a stronger connection to Source/The Divine
- Remove blocks, enabling clearer guidance
- Increased intuition
- Realign the body meridians
- Connect the 12 strands of DNA
- Activate the connected 12 strands of DNA
- Calming of emotions
- Greater feeling of Inner peace and clarity of mind
- Increase inner strength and confidence
- Overcome fear, self-doubt, anxiety and depression

What happens during a Pellowah Session?

In a Pellowah session you will lie down on a comfortable couch and will be offered an eye mask and ear plugs. This is to help

you listen to your experience and not be distracted by outside influences. Note: You do not have to wear these if you choose not to.

You remain fully clothed during the "Hands Off" session lasting 45-60 minutes. The practitioner will begin working with the Pellowah energy. Each Pellowah session is different! Pellowah works with 'You' the individual to build new pathways to awareness and consciousness. Everything that happens in a session is for 'You'.

At the end of the session the practitioner will guide 'You' to begin reflecting on the session.

As the person receiving you may experience huge shifts immediately following a session, or the effects may be subtle, yet profound, unfolding over a period of time.

Is Pellowah calling you?

I am very excited that I am now a Pellowah Practitioner in the United Kingdom.

Please do not hesitate to contact me:

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